

June 2019

2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3. <u>Breakfast</u> Milk Whole Grain Pancakes Syrup Mandarin Oranges <u>Lunch</u> Hot Ham and Cheese Sandwiches Tomato Soup Sautéed Cabbage Milk <u>Snack</u> Cheese Square Whole Grain Wheat Thins</p> <p>Week 2</p>	<p>4. <u>Breakfast</u> Milk Egg and Cheese Burrito Apricots <u>Lunch</u> Crispy Baked Chicken Canned Greens Peaches Whole Grain Mac and Cheese Milk <u>Snack</u> Apple Sauce Rice cake</p>	<p>5. <u>Breakfast</u> Dry Cereal Sliced Banana <u>Lunch</u> Ground Beef and Spanish rice Corn Roasted Butternut Squash Milk <u>Snack</u> Fruit and Yogurt Parfait</p>	<p>6. <u>Breakfast</u> Scrambled Eggs Whole Wheat Toast Sliced Strawberry <u>Lunch</u> Baked Turkey Breast WG Dinner Roll Lettuce Tomato Salad Pears Milk <u>Snack</u> WG Breadstick 100% Fruit Juice</p>	<p>7. <u>Breakfast</u> Milk Oatmeal Blueberries <u>Lunch</u> Chicken Enchilada Casserole Steamed Squash Refried Beans Milk</p> <p style="text-align: center;">Early Release</p>
<p>10. <u>Breakfast</u> Milk Yogurt Sliced Strawberries Granola <u>Lunch</u> Breaded Fish Potato Soup Black Eyed Peas Milk <u>Snack</u> Cheese Square Whole Grain Wheat Thins</p> <p>Week 3</p>	<p>11. <u>Breakfast</u> Milk Scrambled Eggs WG English Muffin Pears <u>Lunch</u> WG Spaghetti and Meatballs Steamed Zucchini Sweet Potato Fries Milk <u>Snack</u> Apple Sauce Rice cake</p>	<p>12. <u>Breakfast</u> Milk Cold Cereal Sliced Banana Lunch Stir Fry with Brown Rice Peaches Peas and Carrots Milk <u>Snack</u> Fruit and Yogurt Parfait</p>	<p>13. <u>Breakfast</u> Milk WG French Toast Tangerines Syrup <u>Lunch</u> WG Mac and Cheese with Ham Applesauce Creamed Spinach Milk <u>Snack</u> Whole Grain breadstick with Marinara 100% Fruit Juice</p>	<p>14.</p> <div style="text-align: center;">  </div>

<p>17. <u>Breakfast</u> Milk WG Waffles Pears Syrup <u>Lunch</u> Chicken Enchilada Casserole Refried Beans Pineapple Milk <u>Early Release</u> Week 4</p>	<p><u>18 Breakfast</u> Milk Scrambled Eggs Cinnamon Toast Peaches <u>Lunch</u> Meatloaf WG dinner Roll Mashed Potatoes Mandarin Oranges Milk <u>Snack</u> Apple Sauce Rice cake</p>	<p><u>19 Breakfast</u> Milk WG Biscuit Turkey Sausage Sliced banana <u>Lunch</u> Baked Turkey Breast WG Dinner Roll Canned Greens Steamed Squash Milk <u>Snack</u> Fruit and Yogurt Parfait</p>	<p><u>20 Breakfast</u> Milk Egg and Cheese Burrito Applesauce <u>Lunch</u> Breaded Fish Green Beans Blueberries Milk <u>Snack</u> Whole Grain breadstick with Marinara 100% Fruit Juice</p>	<p><u>21 Breakfast</u> Milk Dry Cereal Strawberries <u>Lunch</u> WG Chicken Spaghetti Roasted Baby Carrots Steamed Broccoli Milk <u>Snack</u> Slice Banana Whole Grain Goldfish</p>
<p>24 <u>Breakfast</u> Milk WG Pancakes Cinnamon Applesauce Syrup <u>Lunch</u> WG Spaghetti and Meatballs Green Beans Peaches Milk <u>Snack</u> Cheese Square Whole Grain Wheat Week 5</p>	<p><u>25 Breakfast</u> Milk Scrambled Eggs WG English Muffin Apricots <u>Lunch</u> Hot Ham and Cheese Sandwich Steamed Zucchini Tomato Soup Milk <u>Snack</u> Apple Sauce Rice cake</p>	<p><u>26 Breakfast</u> Milk Oatmeal Pears <u>Lunch</u> Beef and Bean Chili Corn Steamed Spinach Crackers Milk <u>Snack</u> Fruit and Yogurt Parfait</p>	<p><u>27 Breakfast</u> Milk Cereal Sliced Banana <u>Lunch</u> Crispy Backed Chicken Lettuce Tomato Salad Pineapple WG Mac and Cheese Milk <u>Snack</u> Whole Grain breadstick with Marinara 100% Fruit Juice</p>	<p>28<u>Breakfast</u> Milk Yogurt Blueberries Cinnamon Toast <u>Lunch</u> Ground Beef and Spanish rice Steamed Broccoli Tangerines Milk <u>Early Release</u> <u>Last Day of</u> <u>School</u></p>

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